

2024-25

# ANNUAL REPORT



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# WHO WE ARE

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Founded in the 1960s, the MPCC is a membership-based, non-profit, and non-partisan organization, made up of around 200 members and supporters who aim to encourage and contribute to the creation of participatory democracy and collective autonomy.



## BOARD OF DIRECTORS

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Our Board is made up of the following members, all of whom live in the neighbourhood and are involved in a variety of our projects.

**Garrfield Du Couturier  
Nichol**

President, Finance, and  
HR Committees

**Cindy Cook**

Co-Vice President and  
HR Committee

**Jonah Dimant**

Secretary

**Jeff Helberg**

Treasurer

**Talya Diner Hope**

Collective Gardens

**Kieran Malone**

HR Committee

**Salvatore Moscato**

Board member

**Dimitri Roussopoulos**

Co-Vice President



# TEAM

## Building Managers

Eryn Trudell, Nicholas Dundorf, and Salvatore Moscato

## Community Organizer

Nathan McDonnell

## Urban Agriculture Coordinator

Talya Diner

## CIEC Coordinators

Talya Diner and Yuan Kelly (2025)  
Jonah Dimant and Jia Sun (2024)

## Communications Coordinators

Marie Rousseau & Nicholas Dundorf

## Intern

Tiffany Foster

## Financial Administration

Jeff Helberg and Hector Jaimes

## Our Volunteers

Thanks to the many who have collectively contributed hundreds of hours over the past 12 months.

***A huge thanks to all the people who were involved at the CCMP this past year!***





# PRESIDENT'S REPORT

BY GARRFIELD DU COUTURIER NICHOL

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Fellow members,

**It is with great pleasure that I can report to you that the CCMP-MPCC is alive and well and super active.** We have been extremely lucky to have such a group of dedicated Board members who gave their time and talent so generously to the CCMP-MPCC.



We have consolidated Human Resources and Finance committees to develop a functioning structure that would be able to set out our priorities and goals. Also, we needed to design contracts for our part-time paid employees and clearly set out their duties and goals as part of our overall development plan.

We organized a Holiday Party in December with the collaboration of the Coop BMP to which over eighty people attended ([see photos!](#)). We had members of other Milton Parc community organizations attend and the feedback we got was very positive.

We have a great communications team with Nathan, Marie and Nicholas that keeps our members up to date on what we are doing as well as also the other organizations in Milton Parc. Eryn (our former President) has stepped in as Manager of our building at 3516 Park, replacing Sal who has returned to the Board.

The Co-Chair of the HR committee (Cindy Cook) and I were invited to take part in a consortium project with UQAM and other Milton-Parc groups to examine and make recommendations on the needs of Milton Parc and how a redevelopment project could improve the life of its inhabitants.

**We are very proud of our efforts and the great team working together with our partners.** With the collaboration of the COOP BMP and Toni, we have started monthly Intergenerational Meet and Greet, offering free coffee and croissants to allow people to get out, meet new residents, and expand their circle. Some of our CCMP members also attended conferences and groups who have similar interests and goals to our own.

We have accomplished a great deal thanks to Nathan (our Community Organizer) who applied and got several grants for the CCMP-MPCC which help us to finance and carry out our projects for ourselves and our sister organizations who are working so hard to make sure there is food security for our residents. Jeff has returned as our Treasurer and is working to set up a new financial system to handle payroll and accounts.



Nathan and his communication team are now expanding our ability to reach everyone in different formats, through our website, newsletter, social media, posters, and kiosks on the street. Our Board Secretary, Jonah, has done a great job in keeping our minutes up to date bilingually and supporting our Board. Talya will be returning to design our summer garden project which I encourage people to join.

I would be remiss if I didn't thank our Vice-President, Dimitri who has given us the benefit of his wisdom and experience in the Milton Parc community, so please accept our thanks. I have been supported by our Board of Directors and our staff who have done so much to bring us forward to a bright future. **To you, our members, I want to add my thanks for your suggestions and ideas on how we can go further in our goals for the Milton Parc community.** I am honoured and humbled by your confidence and support. I hope to see the CCMP-MPCC continue to grow and support the goals of making our community safer, more comfortable for all, and with new services for our residents.

Respectfully submitted,  
Garrfield Du Couturier-Nichol  
President and Board Chair



# OUR BUILDING

BY ERYN DACE TRUDELL

## CELEBRATING 4 YEARS OF COMMUNITY AT 3516 PARC!

*This is an abridged report. [Click here for the full report.](#)*

As we approach the fourth year of 3516's operation, we celebrate its evolution into a vibrant hub of community collaboration, activism, and creativity. Since its inception, 3516 has grown into a **dynamic coworking and organizing space**—supporting a wide array of cultural, social, and grassroots initiatives. It continues to be a space where ideas are nurtured, partnerships flourish, and community is built.

## A THRIVING ECOSYSTEM

Currently, 3516 provides office space for 10 organizations and individuals:

- **Milton Parc Citizens' Committee**
- **QPIRG McGill**, its affiliated working groups, and its alternative library
- **Voulez-Vous Productions**, a 2SLGQTIA+ performance art company
- **Planète Rebelle** and **Kata Éditeur**, (alternative book publishers)
- **The Climate Justice Organizing Hub's**, activist resource library
- **Indigenous Support Workers Program (ISWP)**, supporting the unhoused indigenous community
- **MamaDances**, a dance company focused on family programs
- **Klasbatalo**, a communist group
- Independent workers **Aaron** and **Vasya**

In addition, the building includes two meeting rooms (available for use by donation), a yard, rooftop garden, sheltered bike rack, and tool shed.



Community engagement is thriving at 3516. More than **80 groups** have used our space over the past 2 years and an average of **26 bookings per month** in 2025,

We're proud of the diversity and richness of work taking place under one roof—spanning activism, arts, publishing, and community services.





## EVOLVING LEADERSHIP & IMPROVEMENTS

- A larger team to manage the space.
- An accessibility ramp was installed.
- Tenants are up to date on rent.

Special thanks to **Salvatore Moscato** for his steady and generous role as building manager throughout 2024.

## IMMEDIATE GOALS

We acknowledge ongoing challenges, and are actively seeking solutions with optimism and community strength:

- **Roof repair:** Leaks since October 2024 require urgent attention—we remain hopeful that the SDC (the landlord) will take action soon.
- **Accessibility:** We hope to make the ground floor fully accessible.
- **Fill 3rd Floor Vacancies:** Two desks are available
- **Rent Adjustment:** Reviewing rent to ensure sustainability
- **Front Office Revitalization**
- **Weekly CCMP open hours** to build visibility & participation
- **Regular social gatherings** to strengthen relationships with members and neighbors and celebrate community



3516 is more than just a building—it's a reflection of the values, resilience, and creativity of the community it serves. With continued care, collaboration, and strategic improvements, we're excited about what lies ahead. Thank you to everyone who contributes to keeping this space alive, evolving, and inspiring.

# EVENTS

BY NATHAN MCDONNELL & NICHOLAS DUNDORF

In the past year, the CCMP has organized a wide selection of community gatherings, talks, and happenings. We have held discussions about issues and initiatives in Milton-Parc and beyond. At the same time, we've worked to build a sense of shared community and solidarity through social events.

We have held several community barbeques as a way to gather community members in a convivial atmosphere, often with a discussion about social issues. An average of 40–50 people participate. Two such BBQs included a **workshop about “Oligarchy vs. Democracy”** with activist groups Multitudes and Prenons la Ville. In discussion groups, people shared their anxieties about issues of ecological and economic crises, Trump, war, and the need to find creative ways to mobilize people and build alternatives.

In another barbeque, we collaborated with various groups to organize an event for **World Environment Day** (June 5th), featuring speeches, vegetarian food, and a performance by la Chorale du Peuple.



2024 wrapped up splendidly with a **CCMP Holiday Party** at Coop BMP ([see photos here!](#)). We had a great time and a good crowd that came through. The party included a fundraiser raffle (prizes include Cindy's beautiful stained glass art and ARMP vouchers) and opportunities for community members to get to know the CCMP.

This spring, we started hosting **Intergenerational Meet and Greets**, in collaboration with BMP Coop, we now have a regular gathering in which elderly and young neighbors alike can get to know each other over free coffee and croissants. With organizing from Cindy, Toni, Garrfield, Nathan, and Silas we have put on three Meet and Greets since April.





In collaboration with the Centre des mémoires montréalaises (MEM), we organized **“Milton Parc du futur,” a day of creative reflection.** With longtime Milton-Parc residents, we discussed the particularities of social and civic involvement in the neighborhood, its history and its future.

We followed this in the fall with **Conversations Milton Parc**, hosted by Dark Matter Labs, where Cornerstone Indicators were proposed for the neighborhood as a way to measure holistic wellbeing and empower local organizing and advocacy.

We focused more locally with a series of **5 networking meetings for Milton Parc community organizers**, co-organized with Lil Borger. One such meeting focused on the theme of food security, where we brought together 20 organizations from in and around the neighbourhood.



For Earth Day, we organized a **community E-waste collection day**, in collaboration with Recyborg, a recycling coop. This event collected enough old electronics to fill half the library!

We held **two candidates' meetings for the federal elections**, with candidates from the two ridings represented in Milton-Parc. Participants collectively crafted questions for the candidates in thematic groups. The fall and spring also featured **Prenons la Ville's 3<sup>rd</sup> and 4<sup>th</sup> Citizen's Summits** (see the report below).

In collaboration with ATTAC-QC, we organized a **book launch of “Combattre la gentrification: Témoignage d'un ex-conseillère municipale”** ([watch video](#)). We also helped support organizing **a 5 à 7 for neighbours at Montréal, arts interculturels (the MAI)**.

In spring 2025, the CCMP helped launch a **petition campaign advocating for community housing at Chez Gautier**, an abandoned property at the corner of Milton and Parc. Neighbors assembled in two meetings to discuss the misuse of the property, and align intentions to push for its conversion to community housing.

**We have also given several walking tours**, including to the [pan-Canadian Housing Justice Convergence](#), the Great Transition conference, an agriculture class from Vesoul, France, a Dawson Social Change class, and more.





**FORUM DES CANDIDAT.E.S FÉDÉRALES DE MILTON PARC**

Viens découvrir leurs positions

**MILTON PARC FEDERAL CANDIDATES FORUM**

**17H30**

ÉGLISE LUTHÉRIENNE  
3594 JEANNE-MANCE

**16 avril 2025**  
**Mercredi**

AVEC LES CANDIDAT.E.S DE LAURIER-SAINTE MARIE

**BLOC** Québécois  
Emmanuel Lapierre

**GREEN PARTY** PARTI VERT  
Dylan Perceval-Maxwell

**Liberal**  
Steven Guilbeault

**NDP** + **NPD**  
Nimā Machouf

**PARTI COMMUNISTE**  
Adrien Welsh

organisé par: **MILTON PARC**

INSCRIS-TOI POUR RÉSERVER TA PLACE

Come find out where they stand



**FORUM DES CANDIDAT.E.S FÉDÉRALES**

Viens découvrir leurs positions

**VILLE-MARIE—LE SUD-OUEST —ÎLE-DES-SŒURS**

**FEDERAL CANDIDATES FORUM**

**Mercredi 23 avril**

Centre communautaire, 3580 JEANNE MANCE

**BOUFFE | FOOD 17H FORUM 18H à 20H**

LES CANDIDAT.E.S DE VILLE-MARIE—LE SUD-OUEST—ÎLE-DES-SŒURS SONT INVITÉS

Invités:

**GREEN PARTY** PARTI VERT  
Nathalie Perrone

**Liberal**  
Giovanni di Placido

**BLOC** Québécois  
Kevin Majadoux

**Conservateur**  
Steve Shanahan

**NDP** + **NPD**  
Suzanne Dufresne

organisé par: **MILTON PARC**

Événement bilingue  
Zone enfants sur demande

Bilingual event  
Kid zone by request

INSCRIS-TOI  
[bit.ly/MP23avril](http://bit.ly/MP23avril)



# YOUTH WORKER COOPERATIVE (CIEC)

BY YUAN KELLY

## BUILDING YOUTH COOPERATIVE ENTREPRENEURSHIP

We are pleased to announce that, for the third year, the Coop d'initiation à l'entrepreneuriat collectif (CIEC) is returning to Milton Parc this summer! The CIEC aims to give **young people aged 13 to 17 experience in entrepreneurship through the development of a worker cooperative offering services**, especially during the summer but also throughout the year if the youth are available. They will be guided by two coordinators (Yuan and Talya) throughout the entire process, to accomplish the projects of their choosing. This year, we are excited to be collaborating with the ARMP and its Maison des Jeunes!

If you, or someone you know, is interested, fill out [the interest form](#) or contact us for more information through [ciecmiltonparc@gmail.com](mailto:ciecmiltonparc@gmail.com). We will also hold an information session in June; more details to come. Also, **please contact us if you can hire the youth** for a task, like cleaning, gardening, dog walking, etc.



**COOP DES JEUNES MILTON PARC**

## SERVICES OFFERTS/OFFERED

- GARDIENNAGE BABYSITTING
- MÉNAGE CLEANING
- EXTÉRIEURS EXTERIORS
- JARDINAGE GARDENING
- ET BIEN PLUS ENCORE! AND MUCH MORE!

(438) 799-8284 CIECMILTONPARC@GMAIL.COM

FONDS ÉTUDE MILTON PARC COMITÉ DES CITOYENNES ET CITOYENS MILTON PARC Conseil québécois de la coopération et de la mutualité

## URBAN AGRICULTURE

BY TALYA DINER

The CCMP's community gardens had another successful year full of free educational workshops, tours, and community gardening! In addition to the Toit Vert Solidaire, our expansion with the new garden on Hutchison (thanks to Oxford Apartments for their collaboration) has allowed us to greatly increase our yields and outreach. We shared over **100 pounds of harvest**, **hosted over 12 workshops**, and **engaged over 60 volunteers** in the garden space.



This year we will be continuing to develop the two gardens, as well as a **new peri-urban farm space in Sainte-Anne-de-Bellevue**. Anyone is free to join us to learn about building a garden from scratch, building trellises, soil and composting, pest management, ecological agriculture, and more! As it is now our fourth year cultivating these spaces, we are sure to have even more abundant harvests and community-based gardening days to come.

### Get Involved!

You are welcome to join us for gardening workshops and collective gardening every **Saturday 1–3pm**, at **3565 Hutchison St.**

**Social media:** [Facebook](#) :: [Instagram](#)



# COOP BMP

BY JEFF HELBERG

Coop BMP is a cooperative bar, restaurant, and venue located here in Milton-Parc, just one block north of the CCMP's headquarters. Since the beginning of the project, the CCMP's support has been integral in its success, in particularly its community outreach and financial support through small loans and grants.

2024 saw **BMP complete renovations including soundproofing, bathrooms, and kitchens**, re-opening in summer 2024. Since then **we have hosted many, many events** that have brought a diversity of communities. The SISA grant has provided over 20k this year for equipment purchasing which has allowed us to **setup our kitchen** in the spring of 2025. We are moving toward more food offerings over the summer 2025 to live up to our mandate of helping improve food security in the neighborhood, as well as implementing one of the main projects mentioned above that will be housed in and collaborated on with Coop BMP, the **Solidarity Meal Program**. We plan to launch the program this year, which will have one lunchtime serving per week, likely Mondays, ideally slowly expanding to two servings per week.

The CCMP is excited to have been involved in the start-up of this project and hopes to see the continued success of the project! [Click to see the BMP's 2024-25 annual report.](#)



# FOOD SECURITY

BY NATHAN MCDONNELL

We're excited to announce that the CCMP (in collaboration with several initiatives in the neighbourhood) was approved for **\$75,000 per year over 4 years in funding for a total of \$300,000!** Offered by the *Direction Régionale de Santé Publique (DRSP)*, the *Soutien aux initiatives en sécurité alimentaire (SISA)* will go towards food security projects, including:

- **Existing projects:** in citizen agriculture and distribution of meals to the unhoused community.
- **New projects:** equipping the BMP's kitchen, setting up an affordable meal programme at BMP, community cooking activities with the food bank and other organizations, a monthly bulk buying co-op/collective, and a community fridge/pantry open for the public.

*Find out more about the grant, [click here](#). To see a slideshow about the projects, [click here](#). To see a video of presentations of projects, [click here](#).*



# MILTON-PARC FOOD BANK

BY TONI CASERTA

The Milton Park Food Bank is an all volunteer organization dedicated to addressing food insecurity. Originally cofounded by the CCMP 4 years ago, it is now an independent organization. Dimitri Ohandjanian and Toni Caserta are the co-coordinators of operations. Services consist of offering a free hot take out meal, cooked on site, (with a meat or vegetarian choice) as well as a basket of vegetables, fruits, and non-perishables. Service is once per week on **Fridays, 6-7pm at the St John's Lutheran Church** at the corner of Jeanne-Mance and Prince Arthur street. In summer typically we provide 80 meals and food baskets per week and in winter the number is approximately 125 served.



The food bank users are mostly residents of the Milton Park community but it is **open to everyone who asks with no need for registration, to identify, or provide proof of income**. Funding is through government grants and fund raising events such as brunches, spaghetti dinners, and music shows. There is wide community support and attendance by the local Milton Park residents for these events. Collaborators include St John Church, Moisson Montreal, and La Corbeille for food donations. Going forward, the Food Bank hopes to expand services by adding an extra day of service and increasing capacity so as to meet the demand and needs of the neighbourhood.



# SAMEDIS SOLIDAIRES

## BY ALANNA DOW

Three citizens and housing co-op members **volunteer to cook hot meals every Saturday** (40 portions). A group of 5 - 8 volunteers pick them up around 11:00 a.m. and distribute them in the streets (from Place des Arts to Milton-Parc), along with other necessities like hygiene supplies and warm clothes. Whenever possible, we add special items: gift cards for Christmas, chocolates for Easter, etc.

**We are very grateful for all of our financial supporters!** Highlights in the last year include a continuation of a donation of \$3750 from the Marvin L. Drimer foundation. We recently received from the CCMP, a commitment for \$4,000 for 4 years from a SISA grant for food insecurity, which we greatly appreciate. We also have been named a key organisation of the community by the SDC who have committed \$4400 per year for 5 years. These various funds will help us meet our \$11,800 budget and provides much-needed stability.



Beginning this fall, we have a commitment from the Lutheran church for use of their kitchen one Saturday per month for two of our distribution volunteers to cook the meals. One of those has been awarded a grant based on her university work which she aims to use for paying a member of the unsheltered community to help prepare the food.

We will meet to discuss how to improve our work: the distribution, the meals, what items we deliver, the special offerings we could make, now that we are released from the constant search for funding.

For those who wish to volunteer or donate, please contact Alanna Dow at [alannadow@yahoo.ca](mailto:alannadow@yahoo.ca) for cooking; and Toma Iczkovits at [tomaiii@hotmail.com](mailto:tomaiii@hotmail.com) for the distribution team.





# HOUSING & SOCIAL DEVELOPMENT

## HÔTEL-DIEU HOSPITAL

BY DIMITRI ROUSSOPOULOS

For over a decade, we have been arguing that the Hôtel-Dieu Hospital should not be privatized but used to provide essential services such as **health care, housing, community services, culture, and urban agriculture**. To advocate this, we, under the leadership of my wife Lucia Kowaluk, co-founded the Communauté Saint-Urbain (CSU), **a coalition of 60 community groups** from across Montreal (especially the Plateau).

In 2023, a breakthrough of sorts took place. The director of the CHUM created an alliance between the CSU, UdeM's Faculty of Medicine and Faculty of Social Work, and the CIUSSS du Centre-Sud-de-l'Île-de-Montréal. The goal was to establish, by 2024, **a community medical clinic** on 2-3 floors of Pavillon Jeanne-Mance of the hospital. A community health clinic was one of the original demands from the CSU some years ago. The CSU agreed to support this project, and in return have support for **developing social housing** on other parts of the site, such as the parking lots. This gives us access to various decision-making circles at the provincial level, something which has been blocked since the election of the CAQ.



Unfortunately the Ministry of Health and the Hotel Dieu's new directors **are not interested in meeting us** to discuss converting the big parking lot on Saint-Urbain street to housing cooperatives for families. So our next move could be to have an occupation of the parking during September to dramatize the need, and to help elect Luc Rabouin, the mayoralty candidate of Projet Montreal, who has promised to actively support our cause if he is elected.

**To get in touch and support the project:**

Dimitri Roussopoulos  
[dr@democracite.net](mailto:dr@democracite.net)

# ROYAL VICTORIA HOSPITAL

BY NATHAN MCDONNELL

For several years, the former Royal Victoria Hospital has been abandoned. As its fate was being discussed, including McGill University's project for a campus on the site, **we cofounded the Royal Vic for the Public coalition** to ensure that the site serves the common good and remains in the public domain or under community control. We consulted over 300 people and 60 groups, produced a 34 page report, videos, and an open letter, and organized marches. We successfully mobilized for the QCPM public consultations whose final report recommended keeping the site in public ownership to protect it from any attempts of privatization.

The result is that ownership of the property remains in the hands of the government through the Société Québécoise des Infrastructures (SQI), with **McGill leasing the site** for its campus.

We have also acted in solidarity with the Mohawk Mothers (Kahnistensera), who are demanding that traditional caretakers of the land authorize any projects on the site of the Royal Vic. They have expressed concerns around **unmarked graves of Indigenous children** and they want the site to house Indigenous homeless people. Their successful injunction pausing construction was a landmark case for Canada. Legal proceedings are ongoing.

**The other pavilions on the site continue to have an uncertain future.** Since 2023, the SQI and Quebec Government, with the CDPQ and global real estate company Ivanhoé Cambridge have been studying the feasibility of developing an inter-university campus project involving: research and teaching, student housing, and installing shops and services.





# MONTREAL AUTONOMOUS TENANTS' UNION (SLAM-MATU)

BY CHLOE

The Montreal Autonomous Tenants' Union (SLAM-MATU) is a tenants union that focuses on **building a movement of tenant power**, based on strong relationships among neighbours and using direct action to pressure landlords into lowering rents, doing repairs and maintenance, and to prevent evictions. SLAM works to challenge the system of for-profit housing, and struggles towards the decommodification of all housing, emphasizing the importance of co-operative and non-profit housing. The CCMP incubated SLAM 3 years ago, and we continue to play the role of a financial fiduciary.

In the past year, SLAM has supported the **unionization of several buildings** across Montreal, winning direct financial reparations and repairs for dozens of tenants, **supporting 14 tenants resist renoviction**, garnering popular support to delay the eviction of another tenant, and mobilizing the city against the eviction of a survival encampment of unhoused comrades. Through doorknocking, community bbqs, film screenings, popular education campaigns and presentations, protests and demonstrations, SLAM is building community and supporting the fundamental right to housing.

Contact SLAM at [slam.matu@protonmail.com](mailto:slam.matu@protonmail.com), or at @slam.matu on Instagram.







# PRENONS LA VILLE

BY FRANCE LEVERT

Cofounded in 2021 (with the CCMP), Prenons la Ville is a non-partisan mobilization of activists, community groups, and social movements that aims to defend and promote the campaigns and demands of each of these groups from various sectors of activity and different Montreal neighborhoods. PLV aims to **bring together the many organizations across the city that are making demands for environmental and social justice in this city.**

Over the past year, CCMP's collaboration with Prenons la ville has taken the form of Nathan's participation in the Prenons la Ville coordinating committee in a variety of ways, but particularly with regard to **communications and contribution to the organization of events:**

- 3rd PLV summit (November 2024),
- webinar on the platform project (see below) on April 29 and
- the 4th PLV citizen summit on May 24, with 30 citizen mobilization groups from across the city. [See the photos.](#)
- a workshop on citizen democracy with Multitudes (May 3).

PLV is working on a platform (orientations and demands) with a view to the fall municipal elections.



# HOMELESSNESS

## TLACHIUAK

BY ISA FUENTES

Emerging from Comm-Un (which the CCMP cofounded), Tlachiuk Atelier is a grassroots artist collective that provides space for Indigenous unhoused and underhoused community members to create and be fairly compensated for their work. Energy is focused on supporting Indigenous artistic practices, as Indigenous people (and more specifically Inuit) are disproportionately represented in experiencing homelessness in Montreal. Tlachiuk Atelier believes in the **transformative power of art to heal, inspire, bring people together, and foster social change.**



On weekdays, we have a **workshop space** in Immaculate-Conception Church on Papineau, receiving between 2-10 artists a day. Each day is determined by the energy of the participants, often including soapstone carvings and a shared lunch. **We buy art to be sold at markets**, allowing artists to be paid upfront in full. Some weeks have activities such as Art Hives in Milton-Parc ([see photos!](#)), markets, garden planting, or cleaning days.

### GET INVOLVED

Reach out to learn more or to get involved! [tlachiuk@gmail.com](mailto:tlachiuk@gmail.com)  
Instagram: [@tlachiuk](#). [Facebook](#)  
1801 Rachel Est, Salle #5, weekdays 9-5

### Milton Park Art Hive

- ✿ Art activities
- ✿ Soup + snacks
- ✿ Come exist with your community!





# INDIGENOUS SUPPORT WORKER PROGRAM

BY KODY CROWDELY

**ISWP is a by-and-for peer service serving the unhoused Indigenous population** of Plateau-Mont-Royal. In October 2023, ISWP started the Overdose Prevention Team (OPT) in response to the growing number of overdoses in the community. Entirely peer-run, the **team patrols during the evenings from Monday to Thursday**, filling a critical gap in service delivery, building community through knowledge sharing, and distributing life-saving harm reduction material.



The past year was marked by art-based social gatherings and workshops. Community consultations were held to garner wider input and increase visibility. **New collaborations were developed** with Exeko, the Open Door, the Native Friendship Centre of Montreal, Atelier Tlachuiak, and other non-Indigenous peer groups in the city. There were also heavy changes as the decision-making process was altered and a new recruitment structure was adopted. The team is currently developing new ways to track and communicate the impacts of their work. Our end goal is that every member of the community be trained in safer drug use and naloxone.

ISWP does not currently have a volunteer coordinator, however, anyone interested in learning more can contact Lyn Black ([lynhscp@gmail.com](mailto:lynhscp@gmail.com)) or write directly to the OPT email ([opt.iswp@gmail.com](mailto:opt.iswp@gmail.com)).

# HUMAN RESOURCES COMMITTEE

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## BY CINDY COOK

*This is an abridged report.*

*Read the full report.*

I joined the organization in October last year as a volunteer board member and Co-chair of the Human Resources Committee. In the last 8 months, Human Resources (3 of us, our president, Garrfield Du Couturier-Nichol and another new Director, Kieran Malone) have met regularly, sometimes twice per month, handling various changes, listening to the staffers, doing interviews, hiring people, defining job descriptions, and streamlining the functioning of the organization. Although we have more work to do, we have made great progress.



Kieran Malone



Cindy Cook

Presently, we have a variable number of employees, **ranging from 6 to 12 people, mostly part-time**, hours ranging from 5 to 25 hours per week. As Board members, we have participated in many projects, met with all our staff, learned about how the organization has been functioning, created Committees to address different aspects, created new contracts, and developed new practices.

Overall, I have personally derived some joy, a sense of camaraderie, and a feeling of satisfaction from the idea that I have been useful to my immediate circle of influence. I've also enjoyed our many events, such as the Holiday Party (see photos here!). This all helps me to maintain my sanity when the wider world seems to be spinning out of control. I would highly recommend getting involved in any of our great projects and you may feel the same!



# FINANCES

**Read our 2024 Financial Report.** See our income statement below.

**Revenues:** in 2024, we received \$82k in grants and \$68k in rental revenues.

Milton Park Citizens Committee				
Income Statement				
Between January 1st to December 31				
years 2024- 2023				
	Notes	2024	2023	Variation
<b>Incomes</b>				
Grants and subsidies		82.647	50.017	32.630
Rental Offices		68.097	71.146	(3.049)
Sales		-	-	-
SLAM - gofundme 1		8.287	6.948	1.339
Other incomes and Donations		7.296	8.690	(1.393)
<b>Total Incomes</b>	<b>10</b>	<b>166.327</b>	<b>136.801</b>	<b>29.526</b>
<b>Cost and Expenses</b>				
Salaries and welfare		54.927	67.427	(12.500)
Honorarios		8.998	6.526	2.473
Rental expenses		39.308	48.814	(9.507)
<u>Projects direct execution</u>		<u>15.919</u>	<u>27.039</u>	<u>(11.121)</u>
CIEC left over		628		628
CIEC Youth Coop		2.705		2.705
Event internal and external		5.088	13.396	(8.308)
Garden		<u>7.499</u>	<u>13.643</u>	<u>(6.145)</u>
<u>Other fixed expenses</u>		<u>10.601</u>	<u>26.680</u>	<u>(16.079)</u>
Hydroquebec		3.272	2.839	433
IT and communications		2.696	5.712	(3.016)
Janitor, maintenance and office supplies		3.171	7.643	(4.472)
Insurance		632	1.149	(517)
Bank fees		53	1.247	(1.195)
Advertising		518	3.423	(2.905)
Other expenses		<u>259</u>	<u>4.666</u>	<u>(4.407)</u>
<b>Total Cost and Expenses</b>	<b>11</b>	<b>129.752</b>	<b>176.485</b>	<b>(46.733)</b>
<b>Net Benefit</b>	<b>12</b>	<b>36.575</b>	<b>(39.684)</b>	<b>76.259</b>

# PARTICIPATION

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## MEMBERSHIP

The CCMP has around **200 members and supporters**.

**Become a CCMP member!** Our membership fees for individuals are \$20/year, or \$10 for lower income people (use code LOWINCOME on Zeffy).

Membership fees can be paid by: Zeffy, Interac, cheque, or cash. [Click here for more information.](#)



## CONTACT US

Get involved in your community! Come say hi at 3516 Parc, or contact us: 514-561-4656, [ccmp.miltonparc@gmail.com](mailto:ccmp.miltonparc@gmail.com). Our [website](#), [Instagram page](#), [Facebook Page](#), and [Facebook Group](#).



## OUR PARTNERSHIPS

The CCMP has many partnerships. We incubated the Food Bank, Coop BMP, Comm-Un/Tlachiuk and SLAM. We co-founded the coalitions the Communauté Saint Urbain, the Royal Vic for the Public, Prenons la Ville, À Nous les Quartiers, and À Nous le Plateau. We are members of CDC Plateau and TROVEP and are supported by PME Montréal and the CIUSSS du Centre-Ouest-de-l'Île-de-Montréal.



We collaborate with, among others, the Plateau-Mont-Royal borough, les Ateliers d'Éducation Populaire du Plateau, la Communauté Milton Parc (CMP), SDC Milton Parc, the Recreation Association of Milton Parc (ARMP), the Students' Society of McGill University (SSMU), the Lutheran Church, Santropol Roulant, the Comité logement du Plateau, the Yellow Door, the Table de Quartier Peter McGill, SEIZE, Plein Milieu, Exeko, ISWP, Montreal Solidarity Supply, Samedis solidaires, Mobilizing for Milton Parc, Value Collective, the CCA, the McCord Museum, and Sentier Urbain. Our tenants are QPIRG McGill, Voulez-Vous Productions, Kata Éditeur, Planète Rebelle, ISWP, the HUB Resource Library, Klabatalo, Mama Dances, Vasya, and Aaron.



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# MERCI! THANK YOU!



[WWW.CCMP-MPCC.COM](http://WWW.CCMP-MPCC.COM)



COMITÉ DES CITOYEN·NES  
**MILTON PARC**  
CITIZENS' COMMITTEE